

Chief Complaint

Sample is a 50 year old female. Her reason for visit is "menopause new patient".

History of Present Illness

She reported: Menopause symptoms. Vaginal dryness.

She denied: Post menopausal bleeding.

Quality: She reported: Vaginal symptoms. She denied: Vaginal pruritis.

Duration: She reported: Last menstrual period more than a year ago.

Past, Family, and Social History

She denied: Asthma, seasonal allergy, eczema. Cataracts, color blindness, or glaucoma.

Deafness (under age 50). Thyroid disease. Bleeding tendency, hemophilia, leukemia.

Emphysema. Gout. Hypertension. Hyperlipidemia. Circulatory problems. Obesity. Liver

disease. Kidney disease. Kidney stones. Cancer. Migraine headaches. Seizure disorder.

Learning disability. Mental retardation. Bipolar disorder. Attempted suicide. Alcoholism.

Tuberculosis. Diabetes mellitus.

Past Medical History

History of: Post-menopausal. Bone fracture. Arthritis developed one to four years ago.

Depression developed one to four years ago. Treatment for depression.

She denied: Cerebrovascular accident. Anxiety disorder. Skin disease. Vascular disease.

Autoimmune disorders. Degenerative disorders. Immunosuppression. Gynecological

disease. Infectious diseases. Treatment for stress. Treatment for anxiety. Schizophrenia.

Surgical History

History of: Cesarean section. One cesarean section.

She denied: Surgery.

Pregnancy History

History of: Prior pregnancy. Live birth. Gravida two. Para 1. Miscarriage. One full-term pregnancy. No premature pregnancies.

She denied: Parental history of stillborn. Infertility. Abortion. Having a spontaneous

abortion. Ectopic pregnancy. PMH of pregnancy involving multiple fetuses. Vaginal

delivery. Group B streptococcus positive. Had a child with a birth weight over 9 pounds

(4 Kg). Pregnancy, labor, or delivery complications. She reported: Rh factor positive.

Family History

History of: Fractures in adult females. Osteoporosis.

She denied: Cerebrovascular accident (distant family). Sudden death before age 60.

Alzheimer's or dementia. Anxiety disorder (distant family). Depression (distant family).

Father

History of: Cerebrovascular accident.

Mother

History of: Osteoporosis. Arthritis. Cerebrovascular accident. Anxiety disorder.

Sister

History of: Depression.

Paternal grandmother

History of: Arthritis.

Social History

Tobacco Use

She denied: Smoking cigarettes.

Medication History

History of: Formerly took antidepressant medications and selective serotonin reuptake inhibitors.

She denied: Thyroid medication. Steroid use for more than 1 month in past. She reported: Never took tricyclics, atypical antidepressants, lithium, and monoamine oxidase inhibitors.

Ongoing Medications

History of: Taking prescription or non-prescription medications or supplements.
Prescription medication use.

Past Medications

She denied: Estrogen replacement hormones. Transdermal estrogen replacement hormones. Vaginal estrogen replacement hormones. Estrogen and progesterone combination replacement hormones.

Review of Systems

Constitutional

She reported: Nocturnal hot flashes. Weighs less than 120 pounds.

She denied: Weight gain in last year. Exhaustion and fatigue.

Cardiovascular

She denied: Palpitations.

Gastrointestinal

Defecatory Dysfunction

She denied: Constipation.

Genitourinary

Irritative Voiding Symptoms

She denied: Dysuria.

Sexual Function

She reported: Decreased libido.

Musculoskeletal

She reported: Rheumatism recurring.

Neurological

She reported: Insomnia.

She denied: Headache frequently. Mentation changes.

Psychiatric

She denied: Psychiatric symptoms (irritability, agitation, anxiety).

Risk Factors

Physical Conditioning

She reported: Vigorous physical activity 3-5 times per week.

Nutrition

She reported: Supplements daily calcium intake.

Self-assessment Scales

Title: **Osteoporosis Risk Assessment**

Description: Osteoporosis risk factors.

Patient Score: **5 - Risk for osteoporosis**

Scoring Key and Interpretation:

0 - 2 : Low risk for osteoporosis

3 - 11 : Risk for osteoporosis

Reference: *Consensus Development Conference: Diagnosis, prophylaxis and treatment of osteoporosis, American Journal of Medicine, 94: 646-650, June 1995*